



LMSA Handbook

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Our Mission

The La Mirada Youth Soccer Organization's (LMSA) goal is to provide children and adolescents in the La Mirada area access to a high quality, youth soccer program. The objectives of the program are to develop good character and sportsmanship amongst players, coaches, referees, and spectators, to develop all-around athletic coordination and prowess, to perpetuate a positive learning experience, and to assure every participant an equal opportunity to play soccer.

Everyone Plays - LMSA's goal is for children to play soccer—so every player on every team is guaranteed playing time.

Balanced Teams - Each year new recreational teams are formed as evenly balanced as possible—because it is fair and more fun when teams of equal ability play.

Open Registration - Our program is open to all children between 3 and 18 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.

Positive Coaching - Children excel when they are supported and encouraged. We train and encourage our coaches to make the extra effort to understand and offer positive support to our players.

Good Sportsmanship - We strive to create a positive environment based on mutual respect, rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship through every facet of LMSA.

Player Development – Our goal is for players to develop their soccer skills, be physically fit, and build character through teamwork.

League Handbook

1. LMSA League Handbook

The purpose of this handbook is to define the LMSA procedures, with specific guidelines for Board members, coaches, referees, team parents, staff, spectators, and players. This handbook will be published and distributed by the Vice President. Copies of this handbook will be available for download on the website or on request.

2. Modifications to the Handbook

Any suggested modifications shall be submitted to the Board of Directors in written form (hard copy or electronic) and will be handled as follows:

The Board of Directors will acknowledge in writing (hard copy or electronic) the receipt of the recommendation(s). A copy of the recommendation(s) will be circulated to the Board members for their review. At the next Board meeting, the recommendation(s) will be discussed, and a decision will be reached. The Board of Directors will advise the author in writing about the Board's decision regarding the recommendation(s). This notification will include if the Board of Directors will implement any or all the recommendation(s), and how the recommendation(s) are to be implemented.

3. Annual Handbook Review

At the beginning of each calendar year after the Annual General Meeting (AGM), the Vice President will appoint and chair a Rules Committee. The Rules Committee will consist of at least two (2) members of the Board of Directors and may include up to two (2) adult members of the Association who are not currently on the Board. The Rules Committee will review and evaluate the league handbook. Any recommended revisions must be reviewed and accepted by the Board of Directors with a 2/3 vote. Once the Board of Directors accepts the revision, the Vice President is responsible for the distribution of the revision to the appropriate members.

LMSA Administration

1. LMSA is organized as a California 501(c)(3) Non-Profit Corporation and is organized to provide a venue for the advancement and promotion of youth soccer.

2. LMSA Annual General Meeting

The Annual General Meeting will be held each February at which time the Board of Directors shall be introduced and other general business conducted as specified in LMSA Bylaws. All LMSA members are invited to attend and participate in this annual meeting.

3. The LMSA Board of Directors

The duties and responsibilities of the Board of Directors are described in the Bylaws. A copy of the Bylaws may be obtained from the LMSA website <http://www.lamiradasoccer.org> or by contacting the Board of Directors.

4. The Conduct of LMSA Business

The LMSA Board of Directors shall meet on a scheduled basis. The time and location of all Board of Directors meetings will be posted on the LMSA web site. All interested parties are invited to attend any or all meetings, however participation in said meetings are at the discretion of the President and may be restricted if the Board of Directors determines it necessary to go into Executive Session.

Membership through Registration

1. Adult Registration

All members of the Board of Directors, coaches, assistant coaches, team parents, team administrators, referees, or any other individual acting in a supervisory capacity over any player in LMSA are required to register with the League Registrar by submitting a completed CYSA-South Administrator Registration Form and be Live Scanned through LMSA/CYSA.

2. Player Registration

Player membership in LMSA is acknowledged after the player has formally registered. Formal registration requires:

- The player's registration fee has been paid or appropriately waived.
- The registration form is completed (including the medical section of the registration form that has been signed by a parent or legal guardian).
- Proof of residency has been fulfilled.
- A copy of the proper documentation of proof of age has been furnished (An Abstract of Birth is acceptable.)
- All the above-listed items are in the possession of the LMSA League Registrar.
- Be free from owing all fees or other monies owed from previous seasons, and not on a waiting list.
- Any payment made by check that is returned "NSF" (Not Sufficient Funds) will be subject to a \$35.00 charge.

LMSA will make every effort to place everyone who registers onto a team. However, the Board of Directors cannot guarantee that every child will be placed on a team. La Mirada residents will be allowed to register first. Non-residents from outside the City of La Mirada limits will be allowed to register at open registration. Non-residents will be placed on a team if LMSA has the minimum percentage of La Mirada residents as required by the City of La Mirada (currently 75%).

A player may only be registered with one team at any given time with CYSA. Every player must attend at least one (1) team practice before participating in a league game. The Board of Directors may deny membership in LMSA if it is determined that such membership is detrimental to the health of the prospective player applicant. Membership may also be denied for prior disciplinary action against either parent and/or child that indicates that participation will be detrimental to the League, or the members are in negative financial standing at the time of registration. Membership may also be denied at the discretion of the Board of Directors. The LMSA Board of Directors may require a medical release before participation in the league is allowed.

3. Waiting Lists

- Registration is officially closed at a time determined by the Board of Directors. Any players wishing to participate in LMSA after this date will be put on a waiting list.
- The Director of Players shall be responsible for maintaining each division's' waiting list (except as limited by the Bylaws). A copy of each division's' waiting list will be made an official part of a Board of Directors meeting minutes immediately following the close of registration. Any add-ons or removals will be presented as part of the Director of Player's report at the next Board of Directors meeting.
- Coaches will contact their Director of Coaches when the need arises for additional players (i.e.: players drop, move, etc.). Requests for players will be filled in the order received. Players will be assigned in the order they appear on the waiting list with the lowest number player being assigned first.
- The only information required to maintain waiting lists for each division is: player name, date of birth, and telephone number. Additional information, such as player experience or team preference, will not be maintained to eliminate preferential assignments. Registration fees may be collected. However, no eligibility promises will be made or given.
- The division waiting lists shall be maintained on a "first-come, first-served" basis. Player names shall be added to the bottom of the list as soon as a player has formally registered.
- If an approved head coach has their child (or children) on a waiting list, that coach's child (or children) will be moved to the top of the waiting list.
- No additions to any team roster will be made without Director of Players approval and may be subject to Board of Directors approval.
- Waiting list information is confidential and no one outside of the Board of Directors will have access to the lists.
- There will be no player transfers without the Board of Directors approval.

4. Vacancy

The Director of Players will attempt to fill the vacancy as soon as possible after confirming the need for such a player replacement. The Director of Players will call the first available player from the contact information on the registration form and continues to do so for 48 hours until all current needs are filled. If unable to contact said player, the next name on the list is called without further delay, to fill the first vacancy. The player who skipped over, due to lack of contact, will be the next eligible player to fill a vacancy. If a player declines, the player will be removed from the waiting list. If a player has received a team assignment, the respective coach will be contacted and information about the new player will be provided. The coach is then responsible for contacting the new player and making team arrangements with the player.

5. Player's Fund

It is the policy of LMSA that a child, who is able and wants to play recreational soccer, shall not be denied that opportunity because of a financial need. The Board of Directors may award funds, as available, to any child so recommended by the League Registrar upon written application filed by the child's parent or guardian. All such applications shall be maintained in a confidential file by the League Registrar and Treasurer and are not available for public inspection. The League Registrar shall maintain said applications. Player's fund awards are subject to the budgetary constraints of LMSA.

In lieu of the registration fee, one or both parents/guardians will be required to donate one hour per every \$15 of awarded funds of service to LMSA per registered child, with said service to LMSA under the direction of the LMSA Board of Directors or League Registrar. If a family fails to fulfill their agreement, they will not be eligible in the future.

6. Player Refunds

Refund information will be posted on the website. *Refunds will not be issued after teams are formed and players are accepted. Competitive players will not be refunded at any time after they are registered.*

7. Membership Termination

Player membership may be terminated voluntarily by the player notifying the respective coach and the League Registrar, or involuntarily because of disciplinary action caused by either misconduct and/or poor attendance.

8. Insurance

An insurance policy is issued through CYSA-South. Coverage includes all members registered through CYSA-South. This policy is a secondary insurance. See the CYSA-South Rules and Regulations Manual for further information.

Team Balancing

LMSA will establish a player balancing system to place all registered players on recreational teams. All players will be placed in age brackets based on their age as of December 31st, and as defined in the registration, rating, and balancing procedures approved by the Board of Directors.

1. Evaluation Procedures

Player evaluation is confidential. It is information to be held only by the Director of Coaches and Vice President. It is not to be distributed in whole to any LMSA staff members, coaches, or other Board members.

All returning players will be evaluated according to the LMSA evaluation method as approved by the Board of Directors for the current playing season. Upon request, the Director of Coaches will supply the evaluation procedures. New players to the LMSA recreational league will be evaluated on designated evaluation days. Following all the evaluation procedures, the Director of Players will submit all evaluations to the Vice President.

At the end of each season including spring, all coaches are to evaluate their players using approved evaluation methods. At the Player Evaluation (Rating) Meeting all coaches of each division will review the players' evaluations.

2. Team Balancing (U8, U10, U12, U14, U16, U19 Recreational Divisions)

Every effort will be made to balance teams for fair competition. Team assignments of players shall be made by those persons delegated such task by the BOARD OF DIRECTORS. Retention of players on any team shall be limited to the head coach's children plus one more player only. Otherwise, there shall be no automatic retention of players on any specific team or with any specific coach from the previous season. Every attempt shall be made to balance the skill level of teams within each division. Once teams are formed, no transfer of any player from one team to another may be made without the approval of all the coaches present at the balancing meeting, and the Director of Players. The Director of Players will use the "serpentine" system to allocate players to teams. Starting with team #1 and working left to right all 2nd year players are assigned to teams based on their evaluation scores. The 1st year players will be added begin with the last team moving right to left until all players are assigned to teams. At the team-balancing meeting, all coaches for said age and gender will review the player evaluations, make any agreeable changes, and then draw teams by a blind draw.

3. Playing Up a Division

Players will be placed in divisions based on the Cal South Age Matrix. For those players interested in "playing up" a division the following rules apply:

- Recreational Program: A parent of the player MUST be the head coach of their player's team.
- Competitive Program: Teams are allowed to have players from a younger division play on their team.
 - All "playing up" requests must be approved by the Director of Competitive play and Board of Directors.

Sponsors, Awards, and All-Stars

1. Sponsors

Sponsors of individual recreational teams and league sponsors are vital to the financial welfare and continued operation of our league. It is important to make your sponsor a part of your team. Teams should invite sponsor(s) to watch the team play. A formal presentation of the sponsor award should take place at the end of the season. A sponsor who feels part of the team will most likely be retained as a sponsor in future years. The sponsor's donation helps to defray the league's costs of equipment such as balls, nets, chalk/paint, uniforms, and awards.

Our organization (LMSA) is financed largely by sponsor's donations. Each team may be required to obtain a minimum of one paid (\$150.00) sponsor (only in the fall soccer season). For the \$150.00 investment in cash or materials, the following benefits are realized:

- A business card size placement in the yearbook and or LMSA website.
- Visible acknowledgment on the team banner.
- Receipt of a team plaque with a picture at the end of the season.
- Tax deduction as allowed by law.

For more information on donating more than \$150 and corporate sponsors please check the LMSA website.

2. Awards

The Board of Directors will recommend which teams should be given awards for their placement in the standings for the fall season, and/or a LMSA tournament (LMSA Cup). These are known as placement awards.

All teams not receiving a placement award for the Fall Season will receive participation awards. The Board of Directors must approve all league awards. All awards will be given at the conclusion of the fall season.

3. Selection of All-Star Teams

The procedure for the selection of All-Stars shall be defined each year by the Board of Directors and implemented by the Vice President or President and Director of Coaches. The All-Star Teams shall represent LMSA from one season's selection to the next. The President of LMSA shall have supervision over the All-Star Program. More information is available under the Commissioner Cup and All-Star Appendix.

Teams

Team membership includes the players, the coaching staff, the team parent(s) and/or the team administrator(s), and the parents/supporters.

1. Adult Supervision

All LMSA team activities must be attended by at least two adult supervisors, including one adult female for girls' teams, one adult male for boys' teams, one of each (as applicable) for teams of mixed gender for the duration of the activity. One of the adults must be in possession of their CYSA-South ID. Minor player members (less than 18 years old) must never be left at games or practices without at least two adults (at least one of same gender) present for supervision and protection.

2. Rules of Conduct

The La Mirada Youth Sports Code of Conduct rules of conduct apply to all participants and spectators at all LMSA functions and activities. The Code of Conduct is available on the LMSA website. All spectators shall always conduct themselves in a civil and sportsmanlike fashion. Failure to comply with the rules of conduct will be grounds for reprimand suspension and/or dismissal of parents and/or children without refund of fees from the organization by a decision made by the Board of Directors. Players, parents and any spectators are responsible for maintaining a clean site and must uphold all rules and regulations of LMSA, the City of La Mirada and its affiliates.

3. Sound Making Devices

The use of horns, bells, megaphones, electronic voice amplifiers, radios, boom boxes and the like by the coaching staff and/or spectators is considered unsporting behavior and is disrespectful to the neighbors adjacent to the fields. The use of all such devices shall be prohibited.

Players

1. Uniforms/Equipment

LMSA shall issue each player member an official uniform after all registration requirements have been fulfilled as stated in Membership through Registration.

The official uniform shall consist of the following items:

- Shirt with number(s) to be located on the back of the shirt. The LMSA emblem shall be located on the left front of the shirt. If requested, the CYSA-South emblem will be placed on the sleeve of the shirt. The Board of Directors will direct where emblem/logo is to be placed. League sponsor logos may be approved by the Board of Directors. No other markings or names are allowed.
- Shorts
- Socks.

All the items that make up the official uniform must be worn in all scheduled games. No item that makes up the official uniform may be altered until the season has been completed.

For the protection of the players and per FIFA rules and regulations, shin guards are mandatory for all LMSA games and practices. The player is responsible for supplying their shin guards. Tennis, approved soccer, or all-purpose shoes, having no metal cleats, must be worn and supplied by the player.

Each team will be supplied with a goalkeeper jersey that shall differ in color from that of the rest of the team.

Players are strictly prohibited from playing or practicing with earrings, any other metal piercing, or any metal objects for safety reasons. Tape cannot be used to cover existing earrings or any other metal objects. Tape can only be used to protect the hole in the ear during play but cannot have the earring in the ear during play. Medical ID bracelets are permitted but must be covered with tape to prevent fingers from becoming tangled or caught.

A player may wear a stretch headband for hair control. Other than the goalkeeper, as permitted by FIFA rules, no total head covering may be worn (i.e.: hats, bandannas, etc.) except for approved head protection.

It is the parent's responsibility to replace any lost or damaged uniform parts.

2. Disciplinary Action against a Player

No coach may bench or drop a player without prior authorization from the Board of Directors. The coach must report attendance or behavioral issues to the Director of Players, who in turn will contact the player's parents. If a player misses two (2) consecutive practices and/or games, without prior notification to the coach or team parent, the player may be subject to disciplinary action. The player's participation in a game may be reduced to less than the minimum required by LMSA, or other action may be taken that the Director of Players deems warranted. The Board of Directors must be informed of any such action taken and may consider terminating a player's membership following a CYSA approved disciplinary procedure. A player's membership can also be terminated if the player's continued involvement in the program is found to be detrimental to the best interest of LMSA.

3. Player with Injuries

No player shall be allowed to play in any LMSA sanctioned game or practice with an injury that can be aggravated by playing or may be dangerous to other players. No player wearing a hard cast or splint will be permitted to play.

Any player that suffers a head injury during practice or game and shows signs of a concussion has to immediately stop playing and may not resume until a written clearance from a doctor is obtained and given to the Board of Directors. Such incidents must be reported to the Board Directors by the coach and must be notated on the incident report by the referee if injury occurred during a game.

Coaching Staff

1. Coach Registration

Each Recreational or Competitive team shall have one official head coach and no more than two assistant coaches. The minimum age limit for all coaches is determined by CYSA-South. Competitive teams must have one official head coach and a team manager.

The head coach of each team must have a CYSA-South issued coaching license and ID appropriate to the age level that is being coached. LMSA requires that all coaches, both recreational and competitive attain a license to coach that is appropriate for the age group and play level of the team. The Director of Coaches and registrar will inform the coaches which license is required by Cal South to coach. A coach that holds an "E" or equivalent, "D", or National license may coach in any age group in LMSA.

All coaches (both head and assistant) shall register with CYSA-South and with the Director of Coaches and be approved by a vote of the Board of Directors. Should any of the recreational coaches elect to withdraw from coaching prior to team balancing day, a replacement for the departing coach may be made only with the approval of the Board of Directors. No changes in coaches may be made without the approval of the Board of Directors.

2. Coach Selection Guidelines.

For the betterment of the players, coaches with higher certifications, who are in good standing, will be the first to be selected as head coaches and may be allowed to coach multiple teams. These higher-level coaches have the responsibility of helping to train their Asst. Coaches. All coaching selections are subject to the approval of the Board of Directors. The approval process will take place at the completion of registration. Coaches requesting a team after the approval process following registration will be accepted on a first-come, first-served as needed basis.

In the event there are more coaching applicants than teams, the Director of Coaches or President of LMSA will use the following criteria to assign priority numbers to coaching candidates:

1. Good standing.
2. Certification level
3. Returning head coach same division
4. Returning head coach moving up one division and coaching the same gender
5. Returning assistant coach same division
6. Returning assistant coach moving up one division and coaching the same gender
7. Returning head coach moving up more than one division, moving down a division or divisions, or coaching the opposite gender
8. Returning assistant coach moving up more than one division, moving down a division or divisions, or coaching the opposite gender
9. New coach with child
10. New coach.

For Competitive teams, the Director of Competitive and the Board of Directors will accept and review applications from applicants from all age groups for both boys and girls teams. The Director of

Competitive shall interview all candidates and then make his/her recommendation to the Board of Directors on which candidate is best for the respective teams. The Board of Directors then votes to choose a candidate, and the respective coaches are chosen with a majority vote. All Competitive coach applicants will be invited to talk at the Board Meeting prior to the vote. All coaches' applications are to be presented to the Board of Directors for review prior to voting.

3. Coaching Duties and Responsibilities

Coaches must accept full responsibility for any team function.

All coaches must attend a Coaches Meeting before the beginning of the season. The meeting shall consist of a review of league rules.

Coaches should have a good working knowledge of the FIFA Laws of the Game and the modifications for LMSA.

Coaches will organize, arrange, and conduct weekly practices.

Coaches should be considerate of other coaches at practice since practice sites are shared by all.

Coaches will notify all players and parents/guardians of all scheduled activities (games, practices, general meetings, etc.).

Coaches will train and coach the team to the best of their knowledge, skill, and ability.

Coaches will maintain accurate records concerning attendance, team activities, medical conditions, etc.

Coaches must have the individual player's registration form in their possession at all team activities.

Coaches will emphasize good sportsmanship while teaching the game of soccer.

Coaches will lead by personal example and enforce the LMSA rules of conduct.

Coaches should provide constructive supervision over the team and give each player an equal opportunity to learn and enjoy soccer.

Coaches will be responsible for the care and security of fields and all equipment in their charge.

Coaches will be responsible for the conduct of the spectators for their respective teams.

Coaches should never give players, other than their own children, rides to or from games or practices. In addition to the head coach there should always be one person of the same gender of the player at all team functions.

Coaches may not ever leave any team members at a practice and/or game without adult supervision. If the parents/guardians have not picked up their children within a reasonable time after the event, the coach is ultimately responsible for the safety of those children. This situation should be discussed with parents as nicely, but firmly as possible. Failure to abide by the above coach's duties and responsibilities may be cause for discipline as directed by the Board of Directors. This discipline may include dismissal from LMSA and CYSA-South.

Parent Responsibilities

1. Attendance and Conduct

It is the parent's responsibility to ensure the player's attendance at practice and at games. Excessive absences from practices or games, or continuous unruly behavior exhibited by the player may result in disciplinary action against the player up to, and including, expulsion from the league. Continuous unruly behaviors exhibited by the parent may result in disciplinary action against the parent up to, and including, expulsion from the league. A coach may insist that any player's parent remain at the team practices.

Practice games, scrimmages or the like between adults or non-registered players is prohibited during LMSA regular season, including pre-season and All-Star practices.

2. Promptness of Players and Parents

Parents must have players at practice at least five (5) minutes before practice begins and be on the field five (5) minutes before the end of practice to pick up the child. For games, players should be on the fields at least 30 minutes prior to the start of the game or at the time the coach requests but no more than an hour before game starts

It is the parent's responsibility to make necessary arrangements to ensure that the child is not left unattended.

It is the parent's responsibility to inform the Head Coach or Team Parent if a particular player will miss a practice or game, be late to a practice or a game, or will need to leave a practice or game early.

3. Team Support

Parents are encouraged to support their son or daughter's team by attending games and cheering them on. Parents should let the coaches' coach. Heckling of the players, coaches or referees from either team is strictly prohibited.

4. Team Parent Support

Parents are encouraged to give their full cooperation to the Team Parent. Team Parents take care of very important team support services such as:

- Organizing a snack schedule.
- Setting up social events for the team, such as picnics, outings and parties.
- Serving as information coordinator between the team and the league.

Team Parent Guidelines

1. Team Parent Duties and Responsibilities

Generate a team roster, including player names, player uniform number, staff names, and phone numbers. A copy of the roster should go to the Director of Team Parents and to each member of the team.

Distribute all uniforms as soon as possible.

Buy or make a team banner. Team banners should include the team's name, player names and number, coach(es) name(s), and any sponsors.

Help team coaches to notify team members of changes in playing schedule, practices, rainouts, LMSA activities, etc. Be available if the coach needs you.

Notify team members when and where photographs are to be taken.

Schedule one (1) family per game to be responsible for bringing half time and after game refreshments for the players and the coaches. Referees appreciate refreshments, too. Call and remind the scheduled family for the upcoming game.

Schedule the field set-up and field tear down.

Schedule team parties and/or other activities.

Collect and turn in all fund-raising money.

In conjunction with the Head Coach, the Team Parent is financially accountable for any monies collected for fund-raisers, team parties, or purchases.

2. Team Name and Color Selection

Team colors will be assigned by a random draw. The team that gets the first draw will select its color first. Selections will continue until the last color has been chosen.

No two teams in the same division may have identical team name or team colors.

No team name shall be derogatory or discriminating.

All team names shall be submitted for approval of the Board of Directors.

The Board of Directors will resolve any conflicts with team names or team colors.

Schedules and Forfeitures

1. Game Schedule

Recreational Game schedules will be provided for coaches and players. Recreational Regular season games are to be played on Saturday (Sundays in Spring Season) with weekday games possible as per scheduling needs. Makeup games will be rescheduled at the discretion of the league scheduler. There will be a minimum of 8 games or more including playoffs, depending on the number of teams per division.

No games will be scheduled during Labor Day weekend, Thanksgiving weekend, Christmas holiday and most major holidays.

2. Starting Times

All games are expected to start at the scheduled time. If the previous game played on a field runs over because of various delays, the referee of record will make every effort to start the next game promptly. Failure of a team to show up for the scheduled game will result in a forfeit

3. Inclement/Hot Weather

In the case of inclement/hot weather, please check the Mud line for your scheduled venue. Unless otherwise indicated on the Mud line, both teams must show up on the field in uniform ready to play at the scheduled time. The Director of Fields, President or Director of Referees may determine whether a game will begin, or be terminated, based on their assessment of playing conditions and player safety. A game may also be canceled because of restrictions by the authority in charge of the playing field, e.g. the Parks and Recreation Department or the respective school administration. Only the Referee of Record may move scheduled games to another field because of poor field conditions. Should a game reach the $\frac{3}{4}$ status and must be abandoned, such game shall be deemed complete.

4. Forfeiture of a Game

If a team does not field the minimum number of players per Law 3 (see Appendix B) and have a properly licensed / approved team official within ten (10) minutes after the scheduled starting time, the game shall be forfeited in favor of the team that is present and prepared to play. This team shall be requested to line up on the field with the appropriate number of players in uniform for the referee to officially indicate forfeiture by the other team. (Score = 1-0) The team that forfeits the game shall receive no points. If both teams fail to show, both teams will forfeit and receive no points towards their standings for that game.

Pre-Game and Post-Game Field Activities

1. Game Fields and Equipment

LMSA shall provide home game fields. All game fields shall be provided with four (4) corner flags, two (2) goal post sets, two (2) goal nets, and appropriate field markings. The Home Team will provide three game balls. All fields will have dimensions appropriate for the division playing on them as determined by the Board of Directors.

2. Field Maintenance, Preparation, and Equipment Storage

The preparation of fields for games, the securing of fields after the last games of the day, storage and care of equipment, and leaving a clean field, is the responsibility of all LMSA participants, including coaches, referees, players, and spectators, under the direction of the Director of Fields. To share the work, both teams at each field for the day's first games will prepare one half of the field, and both teams playing the last games of the day will store away the equipment. The Home Team is responsible for picking up and returning the equipment to the designated storage area if they are the first or last scheduled game of the day.

Competitive teams of LMSA (aka LMFC) have the sole responsibility to set up the fields if they have the first scheduled game on a particular field and they also have the responsibility to store away the field equipment if they have the last game of the day on a particular field.

Team Parents should enlist the help of several parents whenever the team has the first or last scheduled game of the day.

Playing of the Game

1. Rules of the Game

All games shall be carried out in accordance with FIFA's Laws of the Game, except where modified by LMSA or the governing body responsible for setting the "Rules of Competition" for the different gaming circuits.

2. Line-Up Cards

The team coaches are responsible for filling out the line-up cards (first name, last name and uniform number) before the start of the game. At least 10 minutes before the actual start of the game, the completed card shall be handed to the referee scheduled to officiate the game. The referees are responsible for completing the comments section and depositing these in the collection box at the Referee tent. The Director of Referees will oversee the game cards.

The Director of Players will notify the coach of the other team and the referee prior to the start of any game when a player's playing time is being restricted due to disciplinary reasons. This will be noted on the line-up card.

3. Player Preparation

All shirts must be tucked in at the beginning of each half. Players are not allowed to wear hats, nor jewelry, such as watches, medals, rings, earrings, or any other object that could cause the player or other players harm during the games, said articles are likewise not to be worn at practice. Medical ID bracelets and/or necklaces may be worn as long as those objects are completely covered by tape. Long fingernails can be a dangerous playing hazard for games and may be covered by tape if necessary. Uniforms should be whole and clean.

4. Coaching Locations, Responsibilities, and Conduct

Coaching is only allowed 10 yards from either side of the centerline and at least 1 yard behind the touchline. On smaller fields coaching may be limited to the center circle area at the discretion of the referee. The Board of Directors shall prescribe coaching locations allowed during the game.

All coaches must report to the Referee of Record prior to the game for identification and must always have their CYSA-South coaching ID visible. Only authorized coaches may coach during games.

The coaches must enforce the rule of having no person(s) behind the goal lines or any individual closer than 5 feet to the sidelines of the field (except for the coaches and/or the assistant referees). No coach shall interfere with the ability of the Assistant Referee's movement along the sidelines.

The Head Coaches shall be held primarily accountable for the conduct of the spectators of their own team.

Coaches or any other official shall not enter onto the field of play unless specifically permitted to do so by the center referee of record. In the event no referees are available, respective coaches are responsible for officiating their own games.

5. Running up the Score

Running up scores in recreational games will not be tolerated. It is important for players to develop skills while having fun. When a game's score becomes too lopsided, it is not benefitting either team. The team that is behind by that large of a margin will usually become discouraged, not play to their potential, and they are not having fun. The team that is winning finds it easier and easier to score because the other team is discouraged. When a team with a higher degree of skill level is playing against an opponent of lesser ability, a good sense of "sportsmanship" is necessary to prevent running up the score.

LMSA's position is that a team should not win by 7 or more goals. If that occurs and is brought to the board's attention, the Director of Coaches will give the coach a warning. If it occurs again after the coach has been warned, the BOARD OF DIRECTORS will take disciplinary action. The disciplinary action could result in the coach losing his or her privilege of coaching.

As a coach, it is your responsibility not to run up the score on another team. If your team is winning by 3 or more goals, it is time to give your team a bigger challenge. The following are provided as guidelines and suggestions on how you can do that:

- Put players that have not yet scored in the offensive positions (forward, strikers, wings) and require the defensive players to pass to the offense
- Require a pass back to a midfielder before scoring
- Require a minimum of three passes before scoring
- Require a cross from outside the outer edge of the penalty box before a shot can be taken
- Require your team only to take shots outside the penalty area
- Require a specific play or move before scoring

These are just a few ideas. You may come up with some of your own based on skills you may have been practicing during the week. The extent to which these are used depends on the individual situation. The overriding principle is to do whatever is necessary to ensure good sportsmanship.

6. Spectator Locations, Responsibilities, and Conduct

All spectators are required to observe games from the side of the field for the team that they are supporting. The "home" team will be on the north (Imperial Hwy) or east (Beach Blvd) side of the field.

All spectators shall be at least 5 feet back from the touchlines and between (a) the end lines (U5/6 division), or (b) between the tops of the penalty areas (all other divisions).

No spectators will be allowed behind the goal lines.

All spectators shall behave in a civil and sportsmanlike manner, and the judgments by the referee of spectator conduct shall be final.

7. Mandatory Playing Time

For Recreational teams U5 through U10: All players present at referee check in will play a minimum of 3 quarters of the regular game time. Any player who arrives after the start of the game (1st period) is only required to play half of the remainder of the game. In the U6, U8 and U10 Divisions, if a team has too many players making it impossible for all kids to play 3 quarters, then each game 1 or 2 players will play only 2 quarters. Please rotate between your players in each game. A player may only be Goalkeeper for two (2) quarters in a U8 or U10 match and must play at least two quarters of any other position besides goalie. Please refer to the LMSA Laws and Modifications for more information.

U12 thru U19: All players present at referee check in will play a minimum of 50% of the regular game time or according to the league/tournament rules.

For Competitive (LMFC) teams, there is no minimum playing time requirement. LMSA highly encourages a 50% playing time over the cumulative of pre-season and regular season games.

8. Substitution and Game Breaks

Recreational U5-U10: In the Fall Season, Substitution may only be allowed during the quarter breaks, due to an injury, or due to a player receiving a yellow card. Recreational U12-U19 there are NO quarter breaks only halves and substitution is allowed at any stoppage of play and with the permission of the referee.

For Cal South Intercity (or equivalent), JUSA (spring) and pertinent Competitive game circuit: Substitutions will follow the rules of competition for each program.

During the Spring Season: Substitutions will follow the rules of competition for each program.

Only coaches may ask for a substitution.

A change in goalkeeper needs to be reported to the referees. All players leaving or entering the playing field at any time during the progress of the game must do so at the centerline, and report to the referee so the substitution can be noted upon the line-up sheet.

The clock will continue to run while substitutions are being made. The game shall be resumed as soon as the referee(s) confirms the substitutions.

The minimum half-time break should be 5 minutes and a maximum not to exceed 10 minutes.

9. Blood Rule

It is FIFA policy that at such a time that a player is bleeding or appears to have clothing contaminated with blood (either their own or that of another player), the referee shall immediately send that player off the playing field. The respective coach may assign an interim substitute until such time as the bleeding player(s) with contaminated clothing is/are able to return to the game. The player may return when the bleeding has stopped or has been covered to the referee's satisfaction and/or when the contaminated clothing has been removed or decontaminated with alcohol. Upon referee approval, the subject player shall re-enter the field and the interim substitute shall leave the field. Coaches should note that this is not

considered a standard substitution, and every effort should be made to get the player that was sent off, back onto the field of play as quickly as possible.

10. Cautions and Discipline

Referee options for the discipline of players, coaches, and spectators are as follows:

For Players:

A verbal warning

Any player that is found in violation of any of the 7 Cautionable Offences as stated in the FIFA Laws of the Game can be immediately cautioned (yellow carded).

- Unsporting behavior
- Dissent by word or action
- Persistent infringement of the Laws of the Game
- Delaying the restart of play
- Failure to respect the required distance when play is restarted with a corner kick, free kick or throw-in
- Entering or re-entering the field of play without the referee's permission
- Deliberately leaving the field of play without the referee's permission

Any player that is found to be in violation of any of the 7 Send-off Offenses as stated in the FIFA Laws of the Game can be immediately sent-off (red carded).

- Serious foul play
- Violent conduct
- Spitting at an opponent or any other person
- Denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (this does not apply to a goalkeeper within his own penalty area)
- Denying an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick
- Using offensive, insulting or abusive language and/or gestures
- Receiving a second caution in the same match

Cards are only shown in U10 and above, in certain cases cautions and send-offs may be enforced in U8 and below, but no card will be shown.

A player who has been sent-off (red carded) must leave the field of play.

Any player receiving a red card will not be allowed to participate in the next game. Multiple games suspension can be given to a player depending on the severity of the offence.

For Coaches and Spectators:

Any coach or spectator who fails to conduct in a responsible manner, as determined by the referee, can be immediately warned. Continued inappropriate behavior will result in the ejection

of the offending individual. The referee can send off/eject any coach or spectator without a verbal warning if he/she deems it necessary based on the individual's inappropriate behavior. Coaches are responsible for controlling sideline behavior and may be sent off/ejected at the discretion of the referee for inappropriate sideline behavior. Coaches are encouraged to seek help from any Board Members present in the fields to control sideline behavior.

Any coach or spectator that is found to behave in serious misconduct, as determined by the referee, can be immediately expelled. Any member of the Board of Directors may also remove any coach or spectator from a game who fails to conduct in a responsible manner and can be subject to disciplinary action as determined by the Board of Directors.

Any coach or spectator who has been sent off must leave the vicinity of the field of play.

Any coach or spectator receiving a send-off will not be allowed to participate in the next game.

All send-offs and/or irresponsible behavior reported by the referee or witnessed by any member of the Association will be reviewed by the Discipline Committee (P.A.D.) within 48 hours of the incident being reported. The referees must fill out a Referee Incident Report immediately following the match in question and submit it to the Director of Referees or his designate. The Director of Referees will forward it to the Discipline Committee, Director of Players, Director of Coaches, and President. The coach, player and/or spectator may be sanctioned more than just a one game suspension as determined by the Discipline Committee and the Board of Directors.

If the player, coach or spectator who was sent-off and/or given a suspension would like to be heard, he/she MUST fill out a Game Incident Report within 24 hours, and email or deliver the report to the Discipline Committee, Director of Players, Director of Coaches, and Director of Referees. If the BOARD OF DIRECTORS determines the ejection was not warranted it will be removed from the recipients' record, but the game suspension will still be served.

Standings, Tournaments, and Scrimmages

1. Points for Recreational LMSA League Standings

Points will be rewarded as follows:

Win = 3 points

Tie = 1 point

Loss = 0 points

The team with the most points at the end of the regular season will be the League Champion and awarded an opportunity to play in the Commissioner's Cup or equivalent in the post season. If there is a tie in the points at the end of the regular season, the following tiebreakers will be used to determine the League Champion:

- Head-to-Head based on 3-1-0 system for games between teams in the tie
- Goal differential (+/- 3 max per game)
- Least goals allowed
- Playoff Game

2. Tournament Rules

LMSA Cup Play

Cup play will be established by the Board of Directors and posted on the website.

Non-LMSA Tournament or Non-LMSA League Participation

Coaches, players, parents and spectators must always remember that they represent LMSA and their conduct on and off the field should be in a sportsmanlike manner. All team members from the fall season must be asked if they wish to participate in any non-LMSA tournaments. (i.e.: Turkey Shoot, Mayors Cup, etc.)

LMSA Handbook rules and regulations as well as the individual tournament and league rules will apply to all LMSA participants. If there is a conflict between LMSA and tournament/league rules and regulations, the tournament/league rules will apply unless advised by the LMSA Board of Directors.

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Referees

1. The Referee in Youth Soccer

The referee in youth soccer occupies an important role since the referee controls the environment in which the game is played. The referee is accepted as part of the game. One of the major goals of LMSA is the retention of referees in the refereeing program by making it as attractive as possible. To accomplish this, it requires the cooperation of players, coaches, and spectators. The attitude of all participants must be cultivated to the point where the referee's decisions and rulings are accepted considering good sportsmanship and as essential to the game itself. Mistakes by referees are no more frequent than mistakes by the players, coaches, and spectators. LMSA uses the FIFA Laws of the Game of Soccer and modifies those Laws for youth soccer. All questions regarding referee rules should be directed to the Director of Referees.

2. Referee Clinics

There will be referee clinics available for all referees, coaches, and all interested people.

3. Assignments

The Director of Referees and/or the Referee Assigner will be responsible for assigning referees to all scheduled games. They have the authority to change the referee schedule as needed to ensure that games are covered appropriately.

A referee may only referee a game in which a relative is participating or if said referee is also coaching in that same division, with the approval of both head coaches and this must be noted on the game card. Every effort will be made to avoid conflict of interest. The center referee must be at least 2 years older than the players involved.

The Director of Referees shall determine who requires additional training for a particular level of play.

4. Charter of the Referee

The referees have the sole responsibility of enforcing the Laws of the Game. In cases where only one referee is available for a game, two (2) assistant referees may be selected to assist with out-of-play calls. The referee has discretionary powers. These include stopping the game for an infringement of the laws, suspension, or termination of the game for such reasons as adverse weather or ground conditions, or interference by coaches or spectators. Those powers extend to offenses committed when play has been suspended or within a judgment period prior to or after the game. Either during or after a game, the referee does not have to explain any call that was made. Any questions regarding the interpretations of the Laws should be directed to the Director of Referees.

Appendix A – Division Rules (Fall Season)

U5, U6, U8

	U5	U6	U8
Offside	None	None	Will be called per referee discretion
Goal Keeper	None	None	May play 2 quarters Max
Practice Recommendations	2 per week max. 1 hr max	2 per week max. 1 hr max	2 per week max. 1 1/2 hr max
Slide Tackling	No	No	No (dangerous play)
Season of play	8-10 games	8-10 games	8-10 games + LMSA Cup
Heading	None	None	None
Team Structure	4 v 4 7 players max 30x20 field dimensions	4 v 4 7 players max 30x20 field dimensions	7 v 7 10 players max 60x36 approx. field dimensions
Minimum Playing Time	2 quarters, unless *	2 quarters, unless *	3 quarters, unless **

* If a U5/U6 team has only 5 players, then all players will play 3 quarters. **If a team has 10 players, each game 2 players will play only 2 quarters. Please rotate between your players each game.

- First teams to play in morning set up fields, teams with last games of afternoon take down nets.
- Home team is 1st team listed on schedule (home teams with 1st game of day pick up nets from equipment tower; home teams with last game of day take nets/flags back to equipment tower)
- Home team provides game balls
- Home side – sideline parallel with Imperial Highway or Beach Blvd
- Every player will receive a participation award
- Trophies will be awarded to the 1st place team in League and 1st and 2nd place team of the LMSA Cup

U10, U12, U14, U16, U19 – Recreational teams
U9,U10,U11,U12,U13,U14,U15 – Competitive Teams

	U9/U10	U11/U12	U13/U14	U15-U19
Offside	FIFA	FIFA	FIFA	FIFA
Goal Keeper	Per/coach	Per/coach	Per/coach	Per/coach
Practice Recommendations	2 per week max. 1 1/2 hr max	2 per week max. 1 1/2 hr max	Coaches Discretion	Coaches Discretion
Slide Tackling	FIFA	FIFA	FIFA	FIFA
Season of play	Rec teams 8-10 games + post season Competitive teams 10+ games + post season	Rec teams 8-10 games + post season Competitive teams 10+ games + post season	Rec teams 8-10 games + post season Competitive teams 10+ games + post season	Rec teams 8-10 games + post season Competitive teams 10+ games + post season
Heading	None	U12 Rec – NO U11 Comp – NO U12 Comp - YES	FIFA	FIFA
Team Structure	7 v 7 Rec. 10 players max Competitive 12 players max 60x36 to 70x46 field dimensions	9 v 9 15 players max 80x55 max field dimensions	11 v 11 18 players 120x75 max field dimensions	11 v 11 18 players 120x75 max field dimensions
Minimum Playing Time	**Rec teams -3 quarters Competitive teams – no minimum play time	Rec – 50% min play time Competitive teams – no minimum play time	Rec – 50% min play time Competitive teams – no minimum play time	Rec – 50% min play time Competitive teams – no minimum play time

****if a team has 10 players, each game 1 player will play only 2 quarters. Please rotate between your players in each game.**

- First teams to play in morning set up fields, last games of afternoon clean up.
- Home team is 1st team listed on schedule (home teams with 1st game of day pick up nets from equipment tower; home teams with last game of day take nets/flags back to equipment tower)
- Home team provides game balls
- Home side – sideline parallel with Imperial Highway or Beach Blvd
- Every Recreational player will receive a participation award
- League champions of each division will receive trophies
- Trophies will be awarded to the 1st and 2nd place team of the LMSA Cup, post season tournament

Appendix B – Modified Laws

Law 1 – The Field of Play

LMSA games will be played on fields that carry the standard FIFA field markings. In accordance with FIFA Law, LMSA requires that all league games be played with nets and corner flags. The dimensions of all game fields will be appropriate for the division using them as determined by Board of Directors.

Law 2 – The Ball

Ball sizes will be as follows:

U5/U6/U08- #3 ball

U9-U12- #4 ball

U13 and up - #5 ball

Law 3 – The Number of Players

Division	Min to play	Max to play	Max Players per Team	Playing Time
U-05	3	4	7	*¾ of game
U-06	3	4	7	*¾ of game
U-08	5	7	10 (12-Competitive)	**¾ of game
U-9/10	5	7	10 (12-Competitive)	**¾ of game^
U-11/12	6	9	16	½ of game^
U-13/14	7	11	18	½ of game^
U-15/16	7	11	18	½ of game^
U-17/19	7	11	18	½ of game^

*if a team has 6 or 7 players then 2-3 players have to sit 2 quarters per game. Please rotate players each game

**if a rec team has 10 players then 2 players must sit 2 quarters per game. Please rotate players each game

^50% minimum play requirement. No minimum requirement for Competitive teams

Law 4 – The Player's Equipment per FIFA.

Law 5 – The Referee

The Director of Referees will determine the number of referees that will be assigned to a game.

All other FIFA Duties and Powers apply.

Law 6 – The Assistant Referees

The Director of Referees will determine the number of assistant referees that will be assigned to a game.

Law 7 – The Duration of the Game

Division	Length per Half
U-05/U6	20 Minutes
U-08/U9	25 Minutes
U-10	25 Minutes
U-11/12	30 Minutes
U-13/14	35 Minutes
U-15/16	40 Minutes
U-17-19	45 Minutes

(The minimum half time break shall be (5) minutes and maximum ten (10) minutes.)

Law 8 – The Start of the Game Per FIFA Laws.

Law 9 – The Ball In and Out of Play Per FIFA laws.

Law 10 – The Method of Scoring Per FIFA laws.

Law 11 – Offside Per FIFA Laws.

Law 12 – Fouls and Misconduct Per FIFA Laws.

Law 13 – Free Kicks Per FIFA Laws.

Law 14 – The Penalty Kick Per FIFA Laws.

Law 15 – The Throw-In (U10 and Up) Per FIFA Laws.
U8: “Re-take” allowed in September

Law 16 – The Goal Kick (U10 and Up) Per FIFA Laws.
U8: “Re-take” allowed in September

Law 17 – The Corner Kick (U10 and Up) Per FIFA Laws.
U8: “Re-take” allowed in September

Field Size (approximately)

U5	-	30 x 20
U6	-	30 x 20
U8/U9	-	60 x 36
U10	-	70 x 46
U11/12-		80 x 55
U13-19-		120 x 75

Appendix C – Commissioner’s Cup and All-Stars

The following information is an administrative outline for post-season play as it relates to Commissioners Cup (or equivalent) (“CC”) and the All-Star (“AS”) tournaments. Please review this document in detail as it contains critical information that you will need to know to participate in post-season play.

1. Tournament Structure

The CC tournament (or equivalent) is run like the World Cup. In the 1st round, all teams will play 3 games in a weekend. The winner of this round robin play will proceed to the next round of play. Depending on the number of brackets/teams, your group will either use a wild card format or the second-place team to determine who goes to the quarter finals/semi-finals the following weekend. All Star tournament rules will be posted on the Cal South web site. Both tournaments’ name, format and rules are subject to change.

2. Player Cards

You must have player and coach cards for both tournaments. These cards will be available from the LMSA registrar. These cards must have a 1x1 picture of the player/coach and must be laminated. The referees will ask for the cards prior to the game and use them for check-in. The referees should return the cards after check-in (e.g., the referee should NOT hold onto the cards). If there are any caution or send-off fouls (i.e., yellow or red cards), the referee should denote this on the game card. If you know that a player is also playing in AS, please be courteous and get the players' cards to the AS coach so that administrative efforts are not duplicated.

3. Game Cards

Each coach should receive game cards for both tournaments, if not, game cards can be obtained from LMSA, contact the Director of Coaches to obtain the game cards or download on our website (Card Stock paper must be used). You will need to fill these out prior to the game with your roster information, which typically includes player name, and number. Additionally, you will need to fill out the specific game information, which relates to whether you are home/away, jersey color, field location, game time, etc.

4. Jerseys (CC Tournament)

All CC teams will wear their regular season uniforms. According to FIFA rules, the home team will be responsible to change jersey color if the teams are wearing similar colors. Therefore, it is strongly suggested that you have enough colored practice jerseys (pennies) for your team to wear. (i.e., 7 or 10 jerseys depending on whether you play 7v7, 9v9 or 11v11). Goalies always must wear a different color.

5. Jerseys (AS Tournament)

Each All-Star team will be provided with uniforms. LMSA will order these uniforms (jerseys, shorts and socks) and will distribute them to the respective coaches prior to the start of the AS tournament. LMSA will NOT allow a team to purchase their own jerseys as all LMSA All-Star teams will be required to wear the same uniform which denotes their affiliation to LMSA.

6. Referee Fees

- Each team is responsible to pay referee fees prior to the start of the game. The amount is based on the age bracket and number of referees assigned to the game. The fee schedule can be found on the message board page for CC and AS tournament on Cal South's website. Information on the CC and AS tournaments will be posted on the LMSA web site.
- LMSA will provide each team with the referee fees prior to the tournament games for that weekend.
- The funds will be given to the head coach (There are NO EXCEPTIONS to this rule as the head coach is responsible for this money!!!)
- These fees are considered an "ADVANCE" and will cover the maximum number of games and referees per game and are based on the fee schedule published by Cal South.
- If you do not use the referee fees, for whatever reason, the head coach is responsible for returning the unused fees to LMSA.
- The Director of Coaches will be responsible for providing each coach with information on where the checks and game cards can be picked up.
- If a coach pays for referee fees without getting funds from LMSA before the game, the coach can fill out a Reimbursement Form (found in LMSA website) to get reimbursed for the fees paid.

7. Miscellaneous

- Please review the rules for the tournament.
- Make sure that you have a medical release form for all players.
- Double-check the DOB for all players prior to the tournament (you do not want any surprises).
- The home team will be required to supply game balls.
- If bad weather occurs, please check the message board and/or mudline of the Tournament's website in the morning to see the status of the fields, additionally, you should call the respective Mud Line(s) for the city you are playing in. If there is a conflict between the message board and the mud line, use the message board as the mud lines for certain cities are not updated after Friday evening (i.e., JUSA). Just because it is raining does not mean the games are cancelled; some fields allow play even in heavy rain. From experience, LMSA, JUSA and ASA generally close their fields early and CHSA, FRYSC and OJSC rarely close for rain. If in doubt, you must show up to your game.

- MUD LINE NUMBERS FOR SOME VENUES ARE (at the time of this update):

Brea – 714-671-4437	http://www.breasoccer.org/Resources/mudline/index_E.html	
Anaheim – 714-828-2912	http://www.anaheimsoccer.org	
JUSA – 714-777-5872	http://jusa.org	JUSA Placentia – 714-993-1101
Fullerton – 714-526- 3772	http://www.frysc.org	Yorba Linda – 714-986-1015
Orange - 714-771-6572	http://www.ojsc.org	City of Placentia – 714-993-8206

- If the games are cancelled, the message board will provide information on the rescheduling of the games.
- If games are cancelled, postponed or there are challenges with communications, remember the logistics of scheduling incredibly complex and involve multiple cities, soccer organizations and teams. Please be patient, as everyone is a volunteer and will be working quite hard to keep things on track. If things do not go as planned due to weather, remind parents that this is complex and that everyone is working hard to keep things on track
- REMEMBER you and your teams represent the great City of La Mirada. Hard play and good sportsmanship are expected from players, coaches, and parents!!!

8. Recreational Commissioner's Cup (or equivalent) Specifics

1. Team Selection Process

- U10/U12 divisions will be represented by 2 teams.
 - Team #1 will be the first place team of the regular season.
 - Team #2 will be the first place team from the LMSA Cup. If Team #1 and #2 are the same teams the 2nd place team from the LMSA Cup will represent LMSA as Team #2.
- U14/U16/U19 division will be eligible based on their regular season Inter-League Play standings.
- *A third team may be invited to participate in Commissioner's Cup (or equivalent) in any given age group in any given year. This team will be the highest finishing regular season team not going to the Commissioner's Cup.*

2. Tournament Style

- The CC tournament is run like the World Cup. In the 1st round, all teams will play 3 games in a weekend. The winner of this round robin play will proceed to the next round of play. Depending on the number of brackets/teams, your group will either use a wild card format or the second-place team to determine who goes to the quarter finals/semi-finals the following weekend. Tournament format and rules can be subject to change. Always check Cal South's website for the latest information.

9. LMSA All-Star Information

The purpose of All-Stars is to give the skilled recreation players an opportunity to play with and compete against other players at their skill level. The process utilized by LMSA in selecting and implementing the All-Star teams is intended to give us the strongest possible CYSA District 3 teams to represent LMSA.

1. CYSA District 3 All-Star Teams

- CYSA District 3 All-Stars refers to the All-Star teams that will represent LMSA in the CYSA District 3 All-Star tournament for teams that play in U-10 – U14 division (U8 if available)

2. Choosing All-Star Coaches

- The Coach of the 1st place Team during the regular season, will be given the choice to become the coach of the All-Star team of its respective age group.
 - If the coach declines the invitation to coach the All-Star team, then the position will be open for any of the coaches in its respective age group or to a person assigned by the Board of Directors.
- If the 1st place coach declines the All-Star coaching position, then all Coaches in their respective divisions interested in being the All-Star coach must email the Director of Coaches by the date designated by the Board of Directors.
 - A closed vote will be taken by all coaches for each division at the All-Star meeting and the nominated coach with a majority vote will be selected as the All-Star Coach. One (1) to three (3) Board Members will also be placing a vote. If there is not a majority vote, the coach with the least number of votes will be eliminated. Another vote will occur until a majority vote has been reached.

3. Exceptions

- The Board of Directors can formally recommend that a coach be refused the right to coach All-Stars based on behavioral problems, disregard for the LMSA Rules and/or Regulations or disregard for the spirit of the game. A coach is automatically subject to ineligibility if he or she has been ejected from a game or has received more than two cautions throughout the season. A coach that has received one caution is subject to review prior to being selected as an All-Star Coach. A coach may also be subject to review if he or she has been the subject of other disciplinary measures brought on by the Board of Directors. A review will be held by the Board of Directors to discuss the nature of the offense(s). If agreed by a majority vote of 2/3 or more, then the Board of Directors will recommend to the Director of Coaches that the coach be removed as a candidate for coaching All-Stars.

10. Selecting the LMSA All-Star Players

1. All-Star Player Selection Process

- LMSA will have the following divisions participate in All-Stars:
 - U8 (if available) – Any player from that division
 - U10 – Any player from that division
 - U12 – Any player from that division
 - U14 – Any player from that division
- The following process will be used to ensure fairness and accuracy in selecting the LMSA All- Stars:
 - Each head coach will nominate a selection of players from their team for the All-Star Team. At the All-Star Selection Meeting all coaches will discuss and vote on the All-Star Team. The division head coaches will select the initial 7,9 or 11 players depending on the division. The All-Star Coach will select the remaining players for the team from the All-Star Nominees. The coach may also select 1 player from outside of those players nominated if they choose.
 - The Directors of Coaches or President will determine the voting process.
 - The players nomination process for each division will be as followed (*Subject to change based on number of teams in each given year*):
 - U8-U10: Up to 3 players from each team.
 - U12: Up to 5 players from each team
 - U14: Up to 7 players from each team
 - Additionally, it is recommended that coaches keep in mind that LMSA wants to develop well-rounded All-Star Teams; therefore, it is not necessarily best to nominate all forwards, or just your highest scoring players. Keep in mind that a proper soccer team is made up of Forwards, Midfielders, Defenders, and a Goalie.
 - The U10 teams will have a roster of 12. The U12 teams have a roster of 14. U14 teams will have a roster of 16 players. It shall be the responsibility of the head coach to inform his/her players selected to the All-Star Team.

1. Player Exceptions

- The Board of Directors can formally recommend that a player be refused the right to play All-Stars based on behavioral problems, disregard for the LMSA Rules and/or Regulations or disregard for the spirit of the game. A player is automatically subject to review if he or she has been issued at least one red card or at least three yellow cards throughout the season. A player may also be subject to review if he or she has been the subject of other disciplinary measures brought on by the board of directors. The review will be held in the same manner as for coaches in Section 2.

2. When All-Star games are played

- CYSA District 3 All-Star games are scheduled by Cal South, and generally are played toward the end of January, following Commissioners Cup matches. Check the schedule for exact dates.

Appendix D – Competitive Soccer

Each year many recreational-based soccer families are faced with a dilemma, continue playing recreational soccer or make the jump to competitive soccer. LMSA provides an opportunity for young players to play soccer at a competitive level in a competitive league in the Fall Season.

LMSA has competitive teams A.K.A. La Mirada FC or LMFC that play in a Competitive League against “Club Teams”. Teams are bracketed in groups of teams of similar talent level and can get promoted to higher levels based on results. All the information regarding the League’s (currently Coast Soccer League “CSL”) Rules and regulations can be found at www.coastsoccer.com. At this level of competition there may be more travel to games and a higher financial commitment (please refer to the ‘LMSA Club Page’ tab in the LMSA website for more information). There are additional costs besides the standard registration fee payable to LMSA to play in a competitive team. Additional costs may cover tournaments, uniforms, equipment, travel, etc... and are determined by each team. Coaches will make available estimated team budgets that specify the cost per player to all players during before each season.

All Competitive teams must comply with the residency requirements (currently at 75%) and all budgets from each team must be given to the Director of Competitive and approved by the LMSA Board of Directors.

For more information regarding our Competitive Program please reach out to the Director of Competitive

Appendix E – TOPS Soccer

TOPS (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities or special needs organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, age 8-19, who has a mental or physical disability. Our goal is to enable young athletes with disabilities to become valued and successful members of the US Youth Soccer family.

Appendix F – Field Dimensions

The following are the field dimensions for all age groups

Field Size (approximately)

U5	-	30 x 20
U6	-	30 x 20
U8/U9	-	60 x 36
U10	-	70 x 46
U11/12	-	80 x 55
U13-19	-	120 x 75